



OLDFIELD CLUB

A MONTHLY PUBLICATION FOR OLDFIELD CLUB MEMBERS

VOLUME 10 · NO. 10 · OCTOBER 2010





A WARM WELCOME TO OUR NEWEST GOLF MEMBERS

**Richard & Diane Price
Tom & Donnie Jo Thibault**

Welcome to the family and we hope to see you at the Club
soon and often!

MEMBER *Spotlight*

Would you like to be featured in the Oldfield Newsletter? Our Member Spotlight section includes a photo and information about you and your family so your neighbors can get to know you better! If you would like to volunteer to be featured or you'd like to nominate another Member, please contact Heather at hlaude@hamptongolfclubs.com. We look forward to hearing from you!

OLDFIELD COMMUNITY GARAGE SALE

Saturday, October 9 at 8 a.m. • Sports Club

It's that time again, so clean out the garage, the attic and the closets. On October 9, Oldfield will come together as a community to raise money to build a treehouse for the kids right here in our neighborhood!

You may participate in one of two ways: If you'd like to keep the proceeds from the items you sell, simply pay the \$25 table fee and man your own table. If you'd like to donate the proceeds from your items, simply drop off what you'd like to sell at the Sports Club and we'll do it for you.

You must live in Oldfield to be a vendor and the outside public will be welcome to purchase your items at this event, so dust off the tables that don't fit, the lamps that aren't the right style or the highchair you don't need any more and sell it for a good cause! For more information, please contact Mona at (843) 645-4611 or e-mail rward@oldfieldsc.com.



KIDS' TRICK OR TREAT IN THE 'HOOD

Sunday, October 31 • 7 p.m.

Trick or treat, smell my feet...Okay, all you little goblins - get your costumes ready! The neighborhood is waiting for you. We'll have a community map of all the houses that are giving out the goods so you'll know just where to go for the treats!

Residents: Please contact Mona if you'd like to add your home to the map. Trick or Treat Chaperones: Stop by the Sports Club for a map if you are taking out little goblins. Mona can be reached at (843) 645-4611 or rward@oldfieldsc.com.

ADULT HALLOWEEN PARTY

Saturday, October 30 • 7:30 p.m.

Golf Clubhouse



Who says kids get Halloween all to themselves? Adults want to have a little spooky fun, too! Grab your trick or treat bag and head on down to the Clubhouse. Costumes are encouraged, but optional, and we'll have prizes for the best dressed, most original and much more! We'll also have a scavenger hunt for Halloween trinkets and treasures, cobweb limbo and pass the Eye of Newt! You never know what will go bump in the night! Golf carts are welcome for the scavenger hunt. There will be a Member Bar and munchies available. For more information or to RSVP, please contact Mona at (843) 645-4611 or e-mail rward@oldfieldsc.com.

HAUNTED OLDFIELD DINNER & COSTUME PARADE

Wednesday, October 20

Seating: 5-6:30 p.m. • Kids' Costume Parade: 6 p.m.

Prizes Awarded: 6:15 p.m.

Celebrate the season and indulge in a frighteningly good feast! Prizes will be awarded for best children's costumes. Cost is only \$14.95 plus tax and gratuity for adults and \$5.95 plus tax for children 10 and under. Please sign up for this event by Friday, October 8, 2010 with Dana at (843) 645-4622 or dchastain@oldfieldsc.com.

SUNDAY FOOTBALL AT OLDFIELD!

Every Sunday during NFL Football Season

Magnolia Grill at the Golf Clubhouse

Lunch Menu Available: 11 a.m. – 3 p.m.

Special "Tailgate" Menu Available: 12 – 6 p.m.

Bar Open through the end of the 4 p.m. Games



The 2010 NFL football season will mark the start of 16 Sundays of a special tailgate menu and drink specials at the Magnolia Grill at the Golf Clubhouse! Every Sunday of the Regular NFL Season we will have the NFL Sunday Ticket streaming live to five different TVs at the Club!

In addition to watching your favorite teams march to the Super Bowl, we'll be offering a special "Tailgate" menu each week that will feature delicious food at great prices. All food and drinks will be offered a la carte, and there's no charge to simply come to the Club to enjoy the games.

Don't want to watch football? No problem! Everyone is welcome at the Club for this weekly event! Bridge and Poker players, golfers, returnees from church and those of us who just want to escape weekend yard work are all encouraged to attend to enjoy great food and camaraderie. We can't wait to see you for Sunday Football at Oldfield!

OLDFIELD FISHING CLUB

Wednesday, October 13 • 5:30 p.m.

Outfitters Center

Join us for the next meeting of the Member-run Oldfield Fishing Club! Dr. Marshal Kremers, Professor from USC-Beaufort, will be speaking about the May River and what it used to be like in comparison to the River as we know it today. Dr. Kremers and a group of interns interviewed "old timers" throughout Bluffton and documented their reflections, stories and history in a wonderful Audio Visual presentation. This is a not-to-be-missed opportunity to learn more about the history of the Lowcountry that we now call home. After the presentation, we'll have our usual potluck dinner. If you'd like to attend, please contact Sue Kroupa at (843) 645-6303 or suekroupa@hargray.com.

OLDFIELD BOOK CLUB

*October Meeting: Thursday, October 28, at The River Club
5:30 p.m. Meet & Greet • 6 p.m. Discussion • 7 p.m. Dinner*



Olive Kitteridge by Elizabeth Strout

If you have any questions or wish to be added to the Book Club list, please contact Pat Horoschak at tphoroschak@gmail.com or 843.379.2077.



Greetings from the Security Department

by Charles Huggins, Director of Security

SECURITY UPDATES

- Oldfield Security now has cameras at the Sports Center online and recording all activity, as well as motion lights in place.
- Please be very observant of children playing during after-school hours on the property.
- Obey the posted speed limit.
- We kindly request that all Oldfield property owners, guests and employees refrain from parking on the grass. Vehicles cause a great amount of damage to the sprinkler heads.
- Please be sure to obey the rules and regulations when operating a golf cart. Golf cart operators must be at the minimum age of 16 years old and have a valid South Carolina's driver's license.
- Recently, there have been issues with juveniles coming onto the property at Oldfield. There have been trespassing notices issued to the individuals. If you see a stranger, please be sure to call Security and have them check out that individual.
- When you leave your home, be sure to set the alarm and lock all doors. If you'll be away for an extended period of time, fill out an Out-of-Town security checklist.
- Remember: It is still hurricane season. Any property owner that did not attend the hurricane meeting can stop by the Clubhouse for Hurricane Briefing and Evacuation literature, including evacuation maps and re-entry phone numbers.

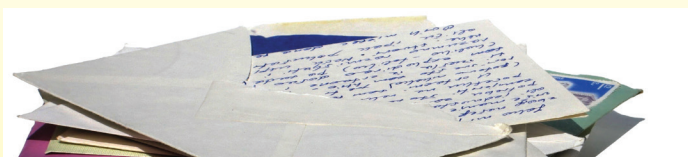
Have a Safe Day!

Stop by the Store



Mail Inquiries

If you have questions regarding incoming or outgoing mail,
give us a call at the store at (843) 645-4630
or to reach the Bluffton Postmaster you may call
(843) 757-5857.



"South Carolina's Lowcountry...Naturally"

South Carolina's Lowcountry...Naturally will be available at the Greeter's Store in October! We are pleased to be among the first to offer Oldfield Naturalist Marvin Bouknight's new book. What a great gift for the holidays or for your family!

Keep an eye on your e-mail for details about an upcoming Book Signing with Marvin at the Greeter's Store!





The weather is now perfect for a trail ride! The quietest day to ride is Sunday, although we can take you out any day except Monday. On Saturdays, we are usually off property attending an equestrian events like horse shows, fox hunts, hunter paces or clinics. If you'd like more information on these activities, please contact me directly at the equestrian center.

Also this month, we are offering an afterschool beginner lesson package for children on Tuesday, Wednesday and Thursday. Tuesday's classes will be held at 4 p.m. for ages 7 and under. Wednesday and Thursday classes will be at 4 p.m. for age 8 and above. A package of four children's beginner lessons is being offered at the introductory rate of \$100. To sign up or for more information, please call the equestrian center at 645-2015.

Happy Trails!

Trail rides and lessons will be available throughout fall by reservation. Come visit us!

Lessons: \$35 one half-hour private
 \$50 one hour private
 \$35 one hour group
 \$15/pony rides · \$35/trail rides



TENNIS

by Paul Louw, Director of Tennis

OCTOBER COURT NEWS!

I would like to start this letter off by thanking Bob for stepping in for yet another summer of fun at Oldfield. His enthusiasm and dedication to the Oldfield Tennis program is always much appreciated.

The first change to the season is that the schedule will go back to five days, with Cardio tennis on Tuesday and Thursday. Wednesday will be reserved for the Stroke Clinic and Doubles Strategy will be on Friday. Saturday is Open Tennis! There is organized tennis at 9 a.m. every day, so come on out and have some fun. The junior drop-in clinics will be on Saturday mornings from 11:30 a.m. – 12 p.m. (9 & under) and 12-1 p.m. (10 & up). Please check the bulletin board for upcoming tennis events.

This month, our tip is how to put your practice to good use this fall. In order to make the most of your practice, you'll have to swallow your pride and not be so concerned about your score. Instead, focus on how you swing at the ball. In order to make changes to your game, your muscles must get the necessary reinforcement to guarantee that they will perform the way you would like them to in a match.

So go out with a friend and play a set where all you are trying to do is repeat the same actions again and again. You will be amazed at how much better the swings will feel at the end of the set! Players often are more concerned with the outcome of the shot and forget about the fundamentals. Remember - tennis is a sport for a lifetime, so put some quality time in now and you won't be sorry later!

See you on the courts!

Tennis Schedule

| | |
|-------------------------------------|-----------------------------|
| Tues & Thurs 9:00 a.m. – 10:00 a.m. | Cardio Tennis |
| Wednesdays 9:00 a.m. – 10:00 a.m. | Stroke of the Week |
| Fridays 9:00 a.m. – 10:00 a.m. | Doubles Strategy |
| Saturdays 9:00 a.m. – 11:00 a.m. | Open Tennis |
| Saturdays 11:30 a.m. – 12:00 p.m. | Jr. Clinic (Ages 9 & under) |
| Saturdays 12:00 p.m. – 1:00 p.m. | Jr. Clinic (Ages 10 & up) |

Thursday: October 21, 6:00 p.m. - 8:30 p.m. Mixed Doubles Social

To schedule a lesson outside of these times,
 please contact Paul at (843) 645-4612 or plouw@oldfieldsc.com.



TIP FROM THE TRAINER

by Mona Ward, A.F.P.A. Certified

The Truth About your Waistline

I was having lunch with a friend the other day and of course just as I was getting ready to order my cheeseburger she had to ask the question, "Do I look fat?"

As I quickly changed from a juicy quarter-pounder to a healthier grilled chicken, no bun, with tomato only, I looked at my friend. She has long thin arms, a great neck, solid legs and a little pouch around the waistline. In my eyes I wouldn't call her fat, maybe thick.

That was the real problem!

At 5 foot 8 inches my friend, is basically fit in every region of her body but one, her midsection. Her waistline is a 35. Now just looking at her, no one would call her obese, but there is a new term floating around and it is shocking: Central Obesity. Her waistline is above what's considered healthy and, in fact, it is downright dangerous.

So I did what anyone would do to save a friend's life - I threw her a measuring tape. A bigger belly puts you at risk for heart attacks, high blood pressure and type 2 Diabetes. Not to mention a possible link to Alzheimer's disease and depression. According to recent studies, an increase of 1/2 an inch in your waistline circumference (above the normal level) raises your likelihood of high blood pressure by 10 percent. If you are a male and have a waistline of 42 you are looking at a 40 percent chance of high blood pressure.

How do you know if you have a "Bigger Belly" or abdominal obesity? The easiest way is to take your waist measurements. A women's waistline should be less than 35 inches and a man's normal waistline should be less than 40 inches. (Note: that the National Diabetes Foundation places the woman's waistline at 32 and the man's at 38)

You can get a general number of where you might be by taking your height in inches and dividing it by two. Your waistline needs to be that number or smaller. To measure your waistline, position the measuring tape around your waist at the navel level (if there is a skin fold then measure over it). This will give you a good indication of your level of health. My friend was surprised when we re-measured her and found her to be 36 inches. You can't go by the waist size on your jeans.

So get out your tape measure. The life you save just might be your own. See you at the gym!

I'll see you at the gym!

Official Pool Hours

**The pool is open Tuesday thru Sunday
10 a.m.-10 p.m.**

Monday: Closed for maintenance

**Please note that there are no lifeguards on duty
and the slide is closed for the season.**

**Snack Shop is open 10:30-2:30 p.m.
Friday, Saturday and Sunday**

**Children under 15 must be accompanied by an adult.
Lap pool is reserved for swim lessons and adult swim only.
No after hours swimming allowed.**

KEYLESS ENTRY

Would you like to workout on Monday or outside of regular staff hours? If so, why not obtain a keyless entry card from a member of the Sports Club staff. You can then follow your exercise routine when it best suits your schedule.



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------|-----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
| | | | | | 1 · Kettlebell: 9:00 a.m. · Nordic Walk: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Power Yoga: 5:00 p.m. | 2 · Barbell Blast: 9:30 a.m. · Nordic Walk: 10:45 a.m. |
| 3 | 4 · Cardio Sculpt: 8:30 a.m. · Yoga: 6:00 p.m. | 5 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Kickboard H2O: 3:00 p.m. · Pilates 101: 5:00 p.m. | 6 · Kettlebell: 9:00 a.m. · Kit Fit: 9:00 a.m. · Power Yoga: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Yoga: 5:30 p.m. | 7 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Nordic Walk: 10:00 a.m. · Kickboard H2O: 3:00 p.m. · Yoga: 5:30 p.m. | 8 · Kettlebell: 9:00 a.m. · Nordic Walk: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Power Yoga: 5:00 p.m. | 9 · Barbell Blast: 9:30 a.m. · Nordic Walk: 10:45 a.m. |
| 10 | 11 · Cardio Sculpt: 8:30 a.m. · Yoga: 6:00 p.m. | 12 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Kickboard H2O: 3:00 p.m. · Pilates 101: 5:00 p.m. | 13 · Kettlebell: 9:00 a.m. · Kit Fit: 9:00 a.m. · Power Yoga: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Yoga: 5:30 p.m. | 14 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Nordic Walk: 10:00 a.m. · Kickboard H2O: 3:00 p.m. · Yoga: 5:30 p.m. | 15 · Kettlebell: 9:00 a.m. · Nordic Walk: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Power Yoga: 5:00 p.m. | 16 · Barbell Blast: 9:30 a.m. · Nordic Walk: 10:45 a.m. |
| 17 | 18 · Cardio Sculpt: 8:30 a.m. · Yoga: 6:00 p.m. | 19 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Kickboard H2O: 3:00 p.m. · Pilates 101: 5:00 p.m. | 20 · Kettlebell: 9:00 a.m. · Kit Fit: 9:00 a.m. · Power Yoga: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Yoga: 5:30 p.m. | 21 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Nordic Walk: 10:00 a.m. · Kickboard H2O: 3:00 p.m. · Yoga: 5:30 p.m. | 22 · Kettlebell: 9:00 a.m. · Nordic Walk: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Power Yoga: 5:00 p.m. | 23 · Barbell Blast: 9:30 a.m. · Nordic Walk: 10:45 a.m. |
| 24 | 25 · Cardio Sculpt: 8:30 a.m. · Yoga: 6:00 p.m. | 26 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Kickboard H2O: 3:00 p.m. · Pilates 101: 5:00 p.m. | 27 · Kettlebell: 9:00 a.m. · Kit Fit: 9:00 a.m. · Power Yoga: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Yoga: 5:30 p.m. | 28 · ICT: 8:30 a.m. · Stretch: 9:30 a.m. · Nordic Walk: 10:00 a.m. · Kickboard H2O: 3:00 p.m. · Yoga: 5:30 p.m. | 29 · Kettlebell: 9:00 a.m. · Nordic Walk: 10:00 a.m. · 30 Mins In & Out: 12:30 p.m. · Power Yoga: 5:00 p.m. | 30 · Barbell Blast: 9:30 a.m. · Nordic Walk: 10:45 a.m. |
| 31 | | | | | | |

FITNESS SCHEDULE

Space is limited for most classes, so please pre-register early by calling the staff at the Sports Club, 843.645.4610. Classes are subject to change.

Cardio Sculpt - Mondays - 8:30 a.m.

Weights, bands, bars and balls combined with lots of cardio give you an outstanding workout.

Kickboard H2O - Tuesdays & Thursdays - 3:00 p.m.

Grab a kickboard and push off to a better lower half. We're toning the tush, the abs and the legs all in one 45 minute session. Bring your fins for an even better workout.

Yoga - Mondays - 6:00 p.m., Wednesdays & Thursdays - 5:30 p.m.

Fine tune your body and mind at the same time while stretching your way to improved health. You couldn't do anything better for yourself.

Pilates 101 - Tuesdays - 5:00 p.m.

Strengthen, lengthen and tone your muscles without joint stress with Pilates. This is an overall conditioning class brought to you in a light version. Modifications will be made for those with limited flexibility and strength since this is an introductory class, but all levels are welcome!

Power Yoga - Wednesdays - 10:00 a.m. & Fridays - 5:00 p.m.

Take your YOGA skills up a notch. Beginners, intermediate and advance levels will all love this class.

Kettlebell - Iron Core - Wednesdays & Fridays - 9:00 a.m.

If you're looking for a workout that gives you strength training, muscle conditioning and aerobic conditioning then you have to do kettlebell. This is an intense 40 minute workout and requires a kettlebell (see Mona for details).

Stretch - Tuesdays & Thursdays - 9:30 a.m.

Here is a chance to loosen up those tight muscles. This class will help you avoid injuries and relax those overworked muscles and joints.

Nordic Walk - Thursdays, Fridays - 10:00 a.m. , & Saturdays - 10:45 a.m.

Turn your walking into a total body workout and strengthen your upper body while you walk.

Barbell Blast - Saturdays - 9:30 a.m.

This program is a total strength building, body toning workout. We'll complete three sets for each major muscle group and get the entire workout complete, including abs, in just one hour.

ICT - Interval Circuit Training - Tuesdays & Thursdays - 8:30 a.m.

This class takes you into the BIG gym. Grab a circuit program guide and watch for the lights to start flashing green. You are off! Each exercise lasts four minutes in length so push yourself to max out. When the light turns red-stop and hit the next exercise on your program. Cardio conditioning included in this 12 exercise program.

30 Minutes In and Out - Wednesdays & Fridays - 12:30 pm

This is just like it sounds, get in and get out in 30 minutes and have a great workout. We'll get all the body basics in with a little help from lights weights and bands. Tighten and tone all in 30 minutes and be on your way. This class is geared to a softer approach to fitness. No jumping, running or heavy weights will be used.

Contact Mona at (843) 645-4611 or rward@hamptongolfclubs.com if you have questions regarding any class.

October 2010

CALENDAR OF EVENTS

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------------------------------------------------------------|--------|------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------|
| | | | | | 1 | 2 · Early Birder Bird Walk |
| 3 · Sunday Football at the Magnolia Grill | 4 | 5 · Cast Netting for Shrimp Seminar | 6 | 7 · Wisdom of the Woods | 8 | 9 · Community Garage Sale |
| 10 · Sunday Football at the Magnolia Grill | 11 | 12 | 13 | 14 · 1732 Cup - 9th Annual Member-Guest · Dolphin Safari Boat Caravan | 15 · 1732 Cup - 9th Annual Member-Guest · Migrating Birds by Boat | 16 · 1732 Cup - 9th Annual Member-Guest |
| 17 · Sunday Football at the Magnolia Grill | 18 | 19 · Knots 101 | 20 · Turkey Hill Fly Fishing · Haunted Oldfield Dinner & Costume Parade | 21 · Bull Redfish Seminar · Meteor Viewing Kajak Paddle · Oldfield Men's Club Meeting | 22 · Heritage to Habitat - History of Rice in S.C. | 23 |
| 24 · Sunday Football at the Magnolia Grill | 25 | 26 · Turkey Hill Sporting Clays Shoot | 27 | 28 · Oldfield Book Club | 29 | 30 · Oldfield Club Bull Redfish Tournament · Adult Halloween Party |
| 31 · Sunday Football at the Magnolia Grill · Kids' Trick or Treat in the Hood | | | | | | |



Practice: What's Really Important

by Jon Hundley, *Head Golf Professional*

I am sure you have heard this month's tip a few times before, but after watching the standard pre-round warm up routine for a lot of players, I feel like it would be helpful to hear it again: 70% of all shots on the course happen from 70 yards and in.

I cannot count the number of times I've watched players on the driving range hit 30 7-irons, 15 hybrids and 25 drivers, and then head off to the first tee. I have even had the pleasure of playing with golfers with this warm up routine - they hit 2 solid shots into the first hole, then have an easy chip or pitch to the hole of 30 yards or less, and end up launching the ball over the world like it was leaving NASA.

Remember: The professional golfers on tour only hit 11.7 greens in regulation in an average 18-hole round, so they have to get the ball up and down at least 1/3 of the time. The shots that are less than 70 yards are the hardest shots to hit because they are not full shots. You have to develop feel for the finesse shots, and to develop feel, you must hit practice shots from 70 yards and in.

Before your next round, warm up by hitting more shots from 70 yards and in, including time on the putting green, and see if your scores improve. Feel free to ask me if you are not sure what you should do when you get around the green, and I will gladly show you how to lower your scores.

See you on the course!

IT'S A MATTER OF COURSE

by Brian Roller, *CGCS*



Last month, you may have noticed cart path repairs on the course. In addition to the areas that have already been addressed, we are aware of other areas that need attention and will be addressing them in the upcoming year.

With summer winding down and fall coming up quickly, this will give the golf maintenance staff time to take a breath from the long and hot summer we have had and work on projects around the course including spreading pine straw and mulch in the natural areas, trimming vegetation around wetlands, and getting the course ready for winter. Also, toward the end of October, we will be over-seeding our Par 3 tee boxes and Driving Range tees. During this time we will be watering the tees throughout the day for about one week until the ryegrass is established. If you have any questions about course maintenance, please feel free to contact me at broller@oldfieldsc.com.

International Junior Golf Tour

Saturday-Monday, September 4-6

Oldfield is proud to host the International Junior Golf Tour for a stroke play event September 4-6. This event

1732 Cup: 9th Annual Member Guest Tournament

Thursday, October 14 – Saturday, October 16

Schedule of Events:

Thursday, October 14th

- 8:00 a.m. Registration and Practice Round.
Registration package will include pairings.
The golf course will be available for practice for all participants all day.
- 5:00 – 6:30 p.m. Putting Contest at the Putting green.
- 7:00 p.m. Cocktail Reception at the Clubhouse.

Friday, October 15th

- 7:00 a.m. Continental Breakfast at the Clubhouse.
- 8:30 a.m. First round matches. Shotgun start.
- 11:00 a.m. Second round matches. Shotgun start.
- 1:00 p.m. Lunch at the Clubhouse.
- 1:45 p.m. Third round matches. Shotgun start.

Saturday, October 16th

- 7:00 a.m. Continental Breakfast at the Clubhouse.
- 8:30 a.m. Fourth round matches. Shotgun start.
- 11:00 a.m. Final round matches. Shotgun start.
- 1:00 p.m. Lunch at the Clubhouse.
- 1:45 p.m. Playoff for the overall Championship starting on hole #10.
- 7:00 p.m. Cocktails, Dinner and Awards Banquet at the Clubhouse.

Sunday October 17th- Rain Date (if necessary)

Price TBA - Look for more information about the Member-Guest via e-mail this month! If you'd like to sign up, please call the Golf Shop at (843) 379-5051.

Weekly Golf Events

- | | |
|-----------------------------------------------------------------------------|---------------------------------------------------------------------------|
| BEGINNER'S CLINIC: Tuesdays at 9:00 a.m. | MEN'S BLITZ: Wednesdays at 9:00 a.m. |
| NINE & DINE: Fridays at 4:30 p.m. | PLAY WITH THE PRO: Thursdays at 9:00 a.m. |
| LADIES' CLINIC: 8:00 a.m. on Thursdays. The cost is \$15/person. | FUNDAMENTALS CLINIC: Fridays at 9:00 a.m. The cost is \$15/person. |
| LADIES' DAY: Tuesdays at 9:00 a.m. & Thursdays at 9:05 a.m. | JUNIOR CLINIC: Fridays at 4:00 p.m. The cost is \$10/person. |
| SHORT GAME CLINIC: Wednesdays at 12:00 p.m. The cost is \$15/person. | MEN'S DAY: Saturdays at 9:00 a.m. |

We ask that you sign up a day in advance as a courtesy to other members and to allow a more efficiently-run event. Please note that some events may not be held each month due to scheduled course maintenance, tournament play or special events. Contact the Golf Shop for more information.



by River Pro, Jason DuBose

HOOK LINE AND SINKER

While we are blessed with good, year-round fishing here in the Lowcountry, October gets my vote for one of the best months to “wet a line”! Aside from the fishing options being virtually endless, the weather is phenomenal. While it is still warm enough to comfortably fish in shorts and a light weight shirt, the air has a slight but unmistakable coolness that lets us know that fall is settling in over our salt marshes and maritime forests.

The days have grown shorter and as a result, the waters of our saltwater creeks and rivers have begun to cool. These subtle seasonal changes trigger our inshore gamefish species - trout and redfish in particular - to feed with reckless abandon in preparation for the approaching winter. This culmination of events sets the stage for some amazing light tackle inshore fishing action.

In Port Royal Sound, bull redfish - the adult brood stock of our juvenile inshore redfish - have completed their spawning season and are feeding around shoals and areas of rocky bottom before returning to their offshore habitat. These bruisers average between 15 and 35 pounds and typically provide plenty of action when targeted with live and/or cut mullet fished on the bottom.

As an added bonus, the first few weeks of the month should offer shots at catching a late season tarpon as you target bull reds. All Oldfield Club anglers are encouraged to participate in our inaugural Bull Red Fish Tournament on Saturday, October 30. Give us a call at the Outfitters Center at (843) 645-4604 for more details about this fun event!

For those interested in a true offshore adventure and a chance to put some fillets in the cooler, October plays host to some of the best deepwater bottom fishing of the year. Species including grouper, vermillion snapper, trigger fish, porgies and black sea bass converge on live bottom areas 30 to 50 miles offshore and provide non-stop action. When you drop a bait to the bottom in these areas it's not a question as to whether or not you're going to get a bite, but rather what's it going to be and how big!

Treat yourself, your family and your friends to what is sure to be a highlight of the fall. Call or stop by the Outfitters Center to plan your perfect day on the water!

CAST NETTING FOR SHRIMP SEMINAR

Tuesday, October 5 · 1-3 p.m.

Meet at the Outfitters Center

Cast netting shrimp is a fall tradition here in the Lowcountry. Join the Outfitters staff for an introduction to various methods used for getting the shrimp from the river to your cooler. Topics of discussion will include biology and life cycle of local shrimp species, identifying productive areas and tides, selecting cast nets and cast net throwing instruction. This is a free program.

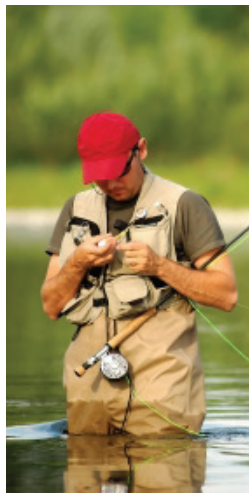
Registration/cancellation deadline for this program is Sunday, October 3. Please register by contacting the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.

TURKEY HILL FLY FISHING

Wednesday, October 20 · 8 a.m. – 4 p.m.

Meet at the Outfitters Center

With the cooling temperatures, the bass fishing should be heating up! Let's head out to Turkey Hill for a day of fly tying and bass fishing. As a group, we will tie several popular fresh water flies in the morning followed up by fishing the ponds in the afternoon. For more information or for program reservations, please contact the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com by Tuesday, October 19.



BULL REDFISH SEMINAR

Thursday, October 21 · 2-4 p.m.

Meet at the Outfitters Center

October marks the beginning of our fall and winter bull redfish season. Join Capt. Jason DuBose for an in depth discussion of what you need to know to catch big bull reds in Port Royal Sound and the surrounding near-shore wrecks. Attendance is highly recommended for those participating in the Bull Redfish Tournament on October 30. Registration/cancellation deadline for this program is Tuesday, October 19. Please register by contacting the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.

OLDFIELD CLUB BULL REDFISH TOURNAMENT

Saturday, October 30 · Lines In at 8 a.m., Lines Out at 3 p.m.

Awards Cookout at the Outfitters Pavilion at 6 p.m.

Attention all Oldfield Club Anglers! Join us for our inaugural Bull Redfish Tournament. This good-natured contest of angling prowess will be based on a catch-and-release points system with the boat catching the most bull reds crowned champion. This is a boat tournament with up to 4 anglers fishing per boat. Entry fee is \$100 per boat and includes attendance for all anglers at the awards cookout following the tournament. Members and guests not participating in the tournament may attend the cook out for a fee of \$15 per person. Registration/cancellation deadline for this program is Tuesday, October 26. Please register by contacting the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.

The Nature Nook

by Marvin Bouknight



"SNAKE BIRDS AND WATER TURKEYS"

There is a species of bird that is like no other bird in and around Oldfield. He may look similar to another bird, but that's pretty much where the similarities end. The aninga (*Anhinga anhinga*) is a unique bird that has about a 3-4 foot wingspan and stands about 3 feet tall. Characterized by a long tail and long skinny neck, the aninga has a spear shaped beak that helps it capture its prey, which consists mostly of fish. When swimming, they only have their neck and head protruding, giving them the common name of snakebird. Large, webbed feet help propel the bird underwater after fish. It also fans its tail (that looks

like a turkey tail, hence the name water turkey), which helps it maneuver after fast prey. After catching up with a fish, it spears it and then surfaces and flips the fish in the air and swallows it down.

The oil glands that ducks and other water birds use to waterproof their feathers are poorly developed or lacking in aningas. This makes them neutrally buoyant in the water, which is a benefit for fishing, but it means that their feathers get water-logged and requires them to exit the water to dry their wings.

Aninga males are all black, with white stripes in the midvein of their primary feathers. Females differ by having a dark body, but a tan neck and head, with the line between the colors being very well defined.

Look for these amazing birds pretty much all year around Oldfield. Don't get them confused with cormorants, though. Look closely and consult your field guide to help tell them apart, or just come on down to the Outfitters Center and I'll help you out!



EARLY BIRDER BIRD WALK

Saturday, October 2 · 9-11 a.m.

Meet at the Outfitters Center

Join us for this monthly walk to check out the seasonal changes in the birds that visit, pass through or permanently call Oldfield home! Reservation/cancellation deadline for this program is Friday, October 1. For reservations, please contact the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com



METEOR VIEWING KAYAK PADDLE

Thursday, October 21 · 7:30-9:30 p.m.

Meet at the Outfitters Center

It may be a little early in the night to see meteors, but we're going to give it a try as we paddle the Okatie and look to Orion to provide a few early meteors. Basic instruction and all equipment will be provided. All levels of paddlers are welcome. The fee is \$10 per person. Space is limited. Reservation/cancellation deadline for this program is Tuesday, October 12. For reservations, please contact the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.



Wisdom of the Woods

Spiders and Their Kin

Thursday, October 7 · 7:00 p.m. – 9:00 p.m.

Meet at the Outfitters Center

Eight-legged critters can be found in and around the Lowcountry. Join us for a presentation that will have you looking all around you in search of something to swat! Registration/cancellation deadline for this program is Tuesday, October 5. For reservations, please contact the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.



TURKEY HILL SPORTING CLAYS SHOOT

Tuesday, October 26 · 10 a.m. – 2 p.m.

Meet at the Outfitters Center



What better way to spend a fall morning than by shooting clays at our 18,000 acre hunt club, Turkey Hill Plantation. We'll start the morning off warming up on the 5-stand before shooting the 10 station, 50 round sporting clays course. After the shoot, we'll enjoy some down home country cooking at Jasper's Porch. The participation fee is \$50 per shooter. Gun rental

is included. Lunch and shotgun shells are not included. Registration/cancellation deadline for this program is Sunday, October 24. Please register by contacting the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.

MIGRATING BIRDS BY BOAT

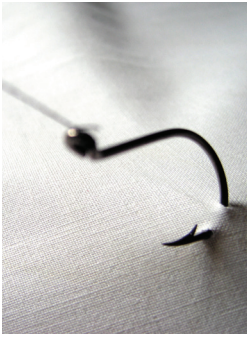
Friday, October 15 · 8 a.m. – 1 p.m.

Meet at the Outfitters Center

Fall is the time to see migrating birds as they move through and to the Lowcountry. Eagles, ducks, shorebirds, and other winter migrants pass along the coast and now is the time to see it happen. There is a \$50 charge for this program with lunch on your own at one of the marina-based restaurants close by. Registration/cancellation deadline for this program is Tuesday, October 12. For reservations, please contact the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.

KNOTS 101

Tuesday, October 19th • 2-4 p.m.
Meet at the Outfitters Center



Don't let the next big one get away due to a knot breaking! Join the Outfitters staff and we will show you some of our favorite fishing knots to include the bimini twist, uni-knot and albright knot. This is a hands-on seminar where we will not only be tying fishing knots but also putting them to the test on a hand scale to see how strong they are. For more information or for program reservations, please contact the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com by Friday, October 15.

DOLPHIN SAFARI BOAT CARAVAN

Thursday, October 14 • 10 a.m. – 3 p.m.
Meet at the Outfitters Center

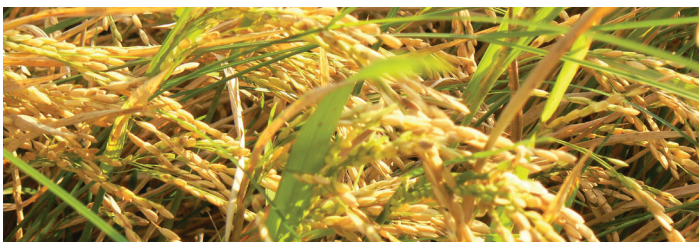
Load up your boats and follow the Outfitters staff as we cruise through the protected waters of Pinckney Island National Wildlife Refuge and Calibogue Sound in search of Atlantic Bottlenose Dolphin. Naturalist Marvin Bouknight will enlighten us on the behavior and life cycle of these amazing creatures as we watch them in their natural habitat. During our safari we'll stop for lunch at Capt. Woody's in the Palmetto Bay Marina. There are a limited number of spaces for members and guests to ride along with the Outfitters Staff. The ride along fee is \$50 per person. The fee for caravanning boats is \$50 per boat. Lunch is not included. Registration/cancellation deadline for this program is Tuesday, October 12. Please register by contacting the Outfitters Center at (843) 645-4604 or outfitters@oldfieldsc.com.



HERITAGE TO HABITAT – THE HISTORY OF RICE IN SOUTH CAROLINA

Friday, October 22 • 7-9 p.m.
Outfitters Center Pavilion

Rice was king in the South Carolina Lowcountry and the evidence is all around. Learn about how the Lowcountry was changed forever and how that continues to affect our environment today. Registration/cancellation deadline for this program is Tuesday, October 19. For reservations, please contact the Outfitters Center at 843.645.4604 or outfitters@oldfieldsc.com.



OCTOBER 2010 AREA EVENTS

Bluffton Circus

October 13-17

www.BlufftonCircus.com

1-888-981-7469

Historic Bluffton Arts & Seafood Festival

October 17-24 – Event Times Vary

www.BlufftonArtsAndSeafoodFestival.com

(843) 757-BLUF

Bluffton Mile Pumpkin Run

October 29 – 6 p.m.

www.bearfootsports.com/BlufftonMile.htm

GOLF CLINICS AND LESSONS

Have you been thinking about learning to play golf? Well, there is no time like the present to begin. Our golf clinics and lessons are available to all Club members, not just our Golf Members. The cost for these weekly clinics is \$15/person and you can contact a member of our golf staff at 843.645.4601 to get started on learning to play this great game.

Why not give it a try? The worst that could happen is you might enjoy the camaraderie, the course, the exercise and maybe even the game itself!



Beginners' Clinic

9:00 a.m. – Tuesdays

Short Game Clinic

12:00 p.m. – Wednesdays

Ladies' Clinic

8:00 a.m. – Thursdays



Fundamentals Clinic

9:00 a.m. – Fridays

Junior Clinic

4:00 p.m. – Fridays



CLUB HOURS OF OPERATION

EQUESTRIAN CENTER

Reservations & Information- 843.645.2015

Tuesday- Sunday 8:00 a.m. - 5:00 p.m.

GOLF SHOP

Tee times and clinic reservations - 843.645.4601

Tuesday - Sunday Shop Hours 7:30 a.m. - 5:00 p.m.

Tuesday, Thursday, Friday, & Saturday Practice Range 7:30 a.m. - dusk

Sunday & Wednesday Practice Range 7:30 a.m. - 5:30 p.m.

GOLF CLUBHOUSE

Reservations and Information- 843.645.4600

Magnolia Grill 843.379.5054

| | | |
|------------------|------------|------------------------|
| Tuesday - Sunday | Lunch | 11:00 a.m. - 4:00 p.m. |
| Tuesday - Friday | Happy Hour | 4:00 p.m. - 6:00 p.m. |
| Tuesday - Sunday | Bar Hours | 10:00 a.m. - 6:00 p.m. |
| Tuesday | Dinner | 5:30 p.m. - 8:00 p.m. |

RIVER CLUB

Reservations - 843.645.4615

Open to Members 7 days per week from 8:00 a.m. - 8:00 p.m.

Friday - Saturday Dinner 5:30 p.m. - 8:00 p.m.

We ask that reservations be made 24 hours in advance for all meals. The Club reserves the right to close dinner service early if there are no reservations two hours prior to our normal closing hours.

GREETER'S STORE

843.645.4630

Sunday 1:00 p.m. - 5:00 p.m. • Monday - Saturday 10:00 a.m. - 5:00 p.m.

OUTFITTERS CENTER

Reservations and Information - 843.645.4604

Tuesday - Sunday 10:00 a.m. - 4:00 p.m. (other hours by appointment)

SALES OFFICE

Toll Free - 866.653.3435 • Local - 843.379.2500

Sunday 1:00 p.m. - 5:00 p.m. • Monday - Saturday 8:30 a.m. - 5:00 p.m.

SECURITY

Information - 843.379.2517

Gate Cell Phone - 843.540.7140

Patrol Cell Phone - 843.540.7115

Fax - 843.645.9990

Please contact a member of the front gate security team in case of an emergency or to request a pass for any guests coming to your home or meeting you at one of the Club facilities.

SPORTS CLUB

Information - 843.645.4610

To enter the Club during non-staffed hours, please obtain a keyless entry card from a member of the Sports Club staff.

Sunday 1:00 p.m. - 5:00 p.m. • Tuesday - Saturday 8:00 a.m. - 5:00 p.m.

CLUB STAFF

General Manager • Andrew Dalilidonis • 843.645.4620

adalilidonis@hamptongolfclubs.com

Membership/Community Relations Director • Ruth Ann Terry • 843.645.4624

ratterry@oldfieldsc.com

Club Accounting • Paula Porter • 843.645.4626

pporter@oldfieldsc.com

Director of Facilities Maintenance • Jimmy Spivey • 843.247.2287

jspivey@oldfieldsc.com

Director of Security • Charles Huggins • 843.422.3213

huggins@palmettobluffonline.com

Director of Tennis • Paul Louw • 843.645.4612

plouw@oldfieldsc.com

Equestrian Director • Jude Dontje • 843.645.2015

jdontje@oldfieldsc.com

Food & Beverage Director • Dana Chastain • 843.645.4622

dchastain@oldfieldsc.com

Executive Chef • Jason Winn • 843.645.4616

jwinn@oldfieldsc.com

Golf Course Superintendent • Brian Roller • 843.645.4631

broller@oldfieldsc.com

Head Golf Professional • Jon Hundley • 843.645.4602

jhundley@oldfieldsc.com

Lodging Department • 843.645.4619

olflodging@oldfieldsc.com

Naturalist/Director of Outfitters Center • Marvin Bouknight • 843.645.4605

mbouknight@oldfieldsc.com

River Pro • Jason DuBose • 843.645.4604

jdubose@oldfieldsc.com

Sports Club Director • Mona Ward • 843.645.4611

rward@oldfieldsc.com